



Dial 1-800-273-8255 PRESS 1 Text to 838255

Confidential Veterans Chat

I am Veteran

I am Active Duty/Reserve and Guard

I am Family/Friend

Signs of Crisis Resources Get Help About



"I AM A VETERAN.

VA gave me the opportunity to connect with people who are looking out for me and really care."

Pete Martinez
U.S. Marine Corps, 1989-1993

Welcome to the **Veterans Crisis Line Website**

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call **1-800-273-8255** and **Press 1**, chat online, or send a text message to **838255** to receive confidential support 24 hours a day, 7 days a week, 365 days a year. More about the Veterans Crisis Line

Are You a Veteran or Concerned About One?